



# START LIST

## Men's 4X400 Metres Relay - Round 1

First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

RECORDS	RESULT	TEAM		VENUE	DATE
World Record <b>WR</b>	3:01.51	HOUSTON	USA	Clemson, SC (USA)	9 Feb 2019
Championship Record <b>CR</b>	3:01.77	POLAND	POL	Birmingham (GBR)	4 Mar 2018
World Leading <b>WL</b>	3:00.86	SOUTH CAROLINA	INT	Clemson, SC (USA)	13 Feb 2026

**Heat 1**
**2**

22 March 2026 10:48 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
2	<b>VENEZUELA</b>	VEN	3:11.11	
1	439 Axel GOMEZ			
2	441 Ryan Ignaiker LOPEZ PARRA			
3	440 Javier GÓMEZ			
4	442 Kelvis PADRINO			
3	<b>PORTUGAL</b>	POR	3:06.57	3:11.13
1	358 Pedro AFONSO			
2	364 Ericsson TAVARES			
3	361 Omar ELKHATIB			
4	360 João COELHO			
4	<b>POLAND</b>	POL	3:01.77	
1	347 Marcin KAROLEWSKI			
2	355 Wiktor WRÓBEL			
3	357 Remigiusz ZAZULA			
4	352 Mateusz RZEŹNICZAK			
5	<b>UNITED STATES</b>	USA	3:01.39	3:02.55
1	421 Elija GODWIN			
2	435 Demarius SMITH			
3	433 Justin ROBINSON			
4	437 TJ TOMLYANOVICH			
6	<b>NETHERLANDS</b>	NED	3:04.25	
1	318 Eugene OMALLA			
2	312 Liemarvin BONEVACIA			
3	320 Max VAN DER LUGT			
4	321 Tony VAN DIEPEN			

**Heat 2**
**2**

22 March 2026 10:58 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
3	<b>CZECHIA</b>	CZE	3:04.09	3:20.62
1	172 Martin KOREČEK			
2	174 Milan ŠČIBRÁNI			
3	166 David BIX			
4	167 Šimon CEPLÝ			
4	<b>HUNGARY</b>	HUN	3:06.03	3:15.04
1	245 Árpád KOVÁCS			
2	250 Zoltán WAHL			
3	248 Ernő STEIGERWALD			
4	242 Csanád CSAHÓCZI			
5	<b>JAMAICA</b>	JAM	3:03.69	3:04.23 o
1	278 Reheem HAYLES			
2	285 Tyrice TAYLOR			
3	275 Kimar FARQUHARSON			
4	276 Demar FRANCIS			
6	<b>BELGIUM</b>	BEL	3:02.51	3:11.84
1	126 Robin VANDERBEMDEN			
2	121 Christian IGUACEL			
3	117 Dylan BORLÉE			
4	119 Alexander DOOM			

**START LIST**  
**Men's 4X400 Metres Relay - Round 1**

World Ranking as of 17 March 2026

o = Outdoor performance

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	TEAM	VENUE	DATE	RESULT	TEAM	VENUE	2026
3:00.77	USC (INT)	College Station, TX (USA)	10 Mar 18	3:00.86	SOUTH CAROLINA (INT)	Clemson, SC (USA)	13 Feb
3:01.39	TEXAS A&M (USA)	College Station, TX (USA)	10 Mar 18	3:02.55	USC A (USA)	Lubbock, TX (USA)	23 Jan
3:01.77	POLAND (POL)	Birmingham (GBR)	4 Mar 18	3:08.68	QATAR (QAT)	Tianjin (CHN)	8 Feb
3:02.51	BELGIUM (BEL)	Birmingham (GBR)	4 Mar 18	3:09.95	ST. PETERSBURG (RUS)	Yuzhno-Sakhalinsk (RUS)	3 Mar
3:02.52	TRINIDAD AND TOBAGO (TTO)	Birmingham (GBR)	4 Mar 18	3:10.49	PR OF CHINA (CHN)	Tianjin (CHN)	8 Feb
3:03.05	GERMANY (GER)	Sevilla (ESP)	10 Mar 91	3:10.96	CS ORASENESC VOLUNTARI (ROU)	Bucuresti (ROU)	8 Mar
3:03.20	GREAT BRITAIN & NI (GBR)	Maebashi (JPN)	7 Mar 99	3:11.13	SL BENFICA (SLB) (POR)	Braga (POR)	15 Feb
3:03.69	JAMAICA (JAM)	Sopot (POL)	9 Mar 14	3:11.27	TURKEY (TUR)	Beograd (SRB)	21 Feb
3:04.09	CZECH REPUBLIC (CZE)	Praha (CZE)	8 Mar 15	3:11.27	SIMON FRASER (CAN)	Virginia Beach, VA (USA)	14 Mar
3:04.25	NETHERLANDS (NED)	Glasgow (GBR)	3 Mar 24	3:11.61	SLOVENIA (SLO)	Beograd (SRB)	21 Feb